



RATO BANGALA SAMACHAR

29 JULY 2010

We have come to the end of a very eventful Term 1 and would like to share some of the highlights of this term through this newsletter. As usual, the term is filled with meaningful activities in and out of the classrooms.

BANK STREET TRAINER AT RBS

We are pleased to announce that we are very fortunate to have Lynne Einbender, head of the reading and literacy program at Bank Street College at RBS working with Unit 1(Grades I to V) teachers on teaching Language Arts. She is conducting sessions on Word Study, Writing and Reading Strategies among other topics. Thirty six RBS teachers including the Coordinators, the Principal and the Director are participating in the training sessions.

Learning about Henri Matisse:

Drawing with Scissors

Gayle Saunders, a visiting artist and a certified Feldenkrais practitioner conducted a very special art workshop for the students of grade VII on 26 and 27 July. The *Feldenkrais Method* offers a process of “organic learning through action, thereby teaching the ability to learn, and not just learning to be taught.” It aligns well with the Bank Street and RBS philosophy. Gayle conducted a workshop entitled, *Learning about Henri Matisse: Drawing with Scissors*. We thank Gayle for widening the artistic horizons of our students. Parents are most welcome to see the exhibit at the beginning of the next term.

FIRST AID TRAINING FOR RBS STAFF

Our administration and PE staff took First Aid Training on 17-18 July, 2010. The training was conducted by Mr. Prabin Rana and Mr. Rijendra Shrestha from Himalayan-Alps Disaster Preparedness Centre, affiliated with Alliance Francaise, Nepal. Altogether thirteen members of the staff took part in this experiential training which was considered to be very effective and useful by them.

PARENT MEETINGS AND THE PTA

This term began with a series of parent meetings. At the beginning of the academic year, we had a meeting with the parent representatives from last year for

feedback. We thank them for their constructive feedback and for their good work last year. After this, Orientation sessions for the new Parent Representatives were conducted by the Principal and the Director. The new Parent Representatives have conducted parent meetings for their respective grades from 1 through X. We would like to take this opportunity to thank the Parent Representatives for the interactive meetings that they conducted.

PTA ELECTION ANNOUNCEMENT

We would like to announce that there are two PTA positions vacant this year for Groups 1 and 2. Parents who are interested to run for this office as a PTA Representative are invited to please send their names to the school by **10 August**. Group 1 is grades I-III, and group 2 is grades IV to VI. First year parents are not eligible for this post.

THANK YOU TO PTA REPRESENTATIVES

We would like to convey our heartfelt thanks to outgoing PTA representatives Mr Shekhar Golcha and Ms Ramila Karmacharya. We thank you for your support and active involvement in all PTA affairs and your constructive feedback at all the meetings. A special thank you to Mr Golcha for initiating the Prayas project that we are so very proud of, and continues in different forms. We also thank the members who are continuing as representatives. Your valuable contribution to the school is very much appreciated.

THANK YOU TO SPECIAL VISITORS

We had different people visit Grade II this term. Dr. B P Joshi spoke on safety and Dr. S Pradhan on Grade First-Aid. Students in class made First-Aid Kits for the class, as well as for their homes. The Traffic Police spoke about road safety and the need to follow rules. Mr. Kanchan Dixit, an environmentalist focused on the Bagmati, a Grade IV curriculum. The students asked pertinent questions and understood issues of pollution and contemplated possible solutions.

We thank you all for your contribution in strengthening the Rato Bangala curriculum.

Class Representatives

Elections for Class Representatives took place in the first term in Unit 2 and A Level. Candidates made speeches and the class voted for one girl and one boy to represent them for this year. The Class Representatives for this year are as follows:

STUDENT CLASS REPRESENTATIVES 2010 - II

| Grade 6 A | |
|-----------|-----------------|
| S. No. | Name |
| 1. | Aryan Maskay |
| 2. | Priyanka Dangol |

| Grade 6 B | |
|-----------|-----------------|
| S. No. | Name |
| 1. | Aakash Pant |
| 2. | Prachi Adhikari |

| Grade 7 A | |
|-----------|----------------|
| S. No. | Name |
| 1. | Nikaya Gurung |
| 2. | Shirish Khatri |

| Grade 7 B | |
|-----------|-----------------|
| S. No. | Name |
| 1. | Heyshe D Sherpa |
| 2. | Sajal Satyal |

| Grade 8 A | |
|-----------|----------------|
| S. No. | Name |
| 1. | Bhavika Dugar |
| 2. | Kunga Shrestha |

| Grade 8 B | |
|-----------|-----------------------|
| S. No. | Name |
| 1. | Dorjee Tsering Gurung |
| 2. | Samsara W Upadhya |

| Grade 9 A | |
|-----------|------------------|
| S. No. | Name |
| 1. | Elvin L Shrestha |
| 2. | Swasti Uprety |

| Grade 9 B | |
|-----------|-------------------|
| S. No. | Name |
| 1. | Hiroto Shrestha |
| 2. | Tanisha Rayamajhi |

| Grade 10 A | |
|------------|-----------------|
| S. No. | Name |
| 1. | Priyanka Vaidya |
| 2. | Riwaj Kharel |

| Grade 10 B | |
|------------|----------------|
| S. No. | Name |
| 1. | Nirabh Koirala |
| 2. | Yutsha Dahal |

| A 1 | |
|--------|-------------------|
| S. No. | Name |
| 1. | Avinab R Shrestha |
| 2. | Shreepriya Poudel |
| 3. | Sonish R Pant |
| 4. | Veda Khadka |

| A 2 | |
|--------|-----------------------|
| S. No. | Name |
| 1. | Akchheta Karki |
| 2. | Apoorva Lal |
| 3. | Prabal Man Dhoubhadel |
| 4. | Smriti Basnet |

CURRICULAR ACTIVITIES AND ENVIRONMENT WEEK CELEBRATION

World Environment Week this year was celebrated from 31 May to 4 June. The theme of World Environment day 2010 was **Many Species, One Planet, One Future**. RBS celebrated this with the spirit that everyday is world environment day and we have to continuously work to preserve our planet. Given below are some highlights of the environment week:

Grade I sorted garbage into Bio-degradable and Non-Biodegradable and made similar labels for waste baskets. They read *The Giving Tree* in class. They all learnt and sang the song *I'd like to Build the World a Home*.

Grade II made paper bags out of old newspapers and magazines to be used by Grade IIIs' market. They will also distribute the paper bags that they have made to our neighborhood shops and encourage them to move away from plastic. Grade II learnt to sing the song *If You Want to Clean the Land, Clap Your Hands*, and enjoyed the book *Wump World*.

As Grade II also transplanted rice and celebrated Ashar 15 with 'dahi chura'. Grade II will continue to visit the paddy field to observe and record the growth of the paddy that they have planted through harvest time. They visited the zoo to see the different kinds of birds as the study of Bird is a major topic of study in Grade II.

Grade III made cloth bags to use as their PE kit organizer in school. They sang songs with environmental themes and watched *Lorax* which has a very strong environmental message. They campaigned

on the use plastic bags. Grade III went several trips around Patan Dhoka Community to study the services available. They studied Godamchaur village and compared it to Patan.

Grade III went to a farm in Thimi to study how we get our food from the farm. They then went to the wholesale market at Kalimati, and retail shops in Mangal Bazaar. Grade III's study will culminate in a market in Term II.

Grade IV, in addition to studying the Bagmati, and sang *Clean Rain*. Grade IV started their study of Kathmandu Valley with a visit to Chobar gorge. Their next trip was to Swayambhunath as the study of a significant places. They followed the Rato Machindranath Rath, and made trips around Ring Road. In the second term Grade IV will continue with the geography of the valley and will build models of the valley.

Grade V's focus on Nepal allowed them to study environmental issues faced by Nepal. Issues concerning deforestation, pollution and endangered animals were discussed and explored in the class. They made labels and posters with messages on conservation of electricity, water and shared these in the school, and explored the use of CFL bulbs learnt the song *Dear, Dear Mother*.

Grade VI presented their work on the pollution and global warming to Grade III, and worked with Grade I on sorting degradable and non-degradable items. This term Grade VI took part in an archeological dig of the Indus Valley in the school premises. They went to Chauni Museum where each student focused on a particular artifact and studied it in detail.

Grade VII hiked from Nagdaha to Godavari, an exhausting and exhilarating exercise. Grade VII A and B visited Kidney Center to get a firsthand knowledge of how the kidneys function. This trip is a part of their study of the Human Body.

Grade VIII organized a non-uniform day on 5 June, 2010. The whole school contributed Rs 25 for the privilege. The amount raised will be used to buy books for community libraries. They launched a book and stationery drive for schools in remote areas. In their study of Comparative Religion Grade VIII visited the Mosque at Ghanta Ghar to find out about Islam. They studied Thangka paintings to study the life of Buddha as well as to explore how Thangkas are made.

Grade IX planted Bougainvillea saplings in the school. The look of the school will definitely be more enhanced once this perennial starts blooming.

Grade X made different kinds of recycled articles such as envelopes from calendars, bowl made out of food wrappers, book holder, and candle stands etc. As part of their community service Grade X went to Bright Horizon Children's Home on 7 July. They interacted with students from KG to Grade V by working in the classrooms and doing various hands-on activities.

A Level students of Rato Bangala organized a Green Gift Stall in Baneshwor in collaboration with the organization *Yatra*, on World Environment day. The recycled gifts were collected from various schools around Kathmandu including Rato Bangala of course.

SPORTS NEWS

FIFA WORLD CUP FINAL:

The A Level Football Club organized a memorable sleepover at the school to watch the World Cup Final in the school auditorium, the Kamalmani Theatre. This was organized only for the seniors and was thoroughly enjoyed by the teachers as well the students who participated. Everything went smoothly with a lot of enthusiasm and excitement.

FIRST POSITION FOR RBS GIRLS BASKETBALL

1st Kite Basketball Tournament: RBS Girls team participated in the First kite's basketball tournaments and won First Position. Congratulations.

FOOTBALL FRIENDLY MATCH

Grade IX played with Rosebud School and Kathmandu International Study Center (KISC)

The A Level students played a friendly football match with the teachers on Friday, 4 June

BASKETBALL

A Level students played with Rupy's International, Lincoln School, British School and KCM

INTER HOUSE BASKETBALL COMPETITION

Inter-house basketball tournaments took place for grades V-VIII in the first term. The final matches were held from 25 June to 2 July. It was wonderful to see cheering parents present during the matches. We hope to see more and more parents attend these sporting events in the future. The results of the tournaments were as follows:

Grade V –VI (Boys)

| Position | House |
|----------|--------------|
| First | Yellow House |
| Second | Green House |
| Third | Orange House |
| Fourth | Blue House |

Grade V – VI (Girls)

| | |
|--------|--------------|
| First | Orange House |
| Second | Yellow House |
| Third | Green House |
| Fourth | Blue House |

Grade VII (Boys)

| | |
|--------|--------------|
| First | Yellow House |
| Second | Blue House |
| Third | Orange House |
| Fourth | Green House |

Grade VII (Girls)

| | |
|--------|--------------|
| First | Orange House |
| Second | Yellow House |
| Third | Blue House |
| Fourth | Green House |

Grade VIII (Boys)

| | |
|--------|--------------|
| First | Blue House |
| Second | Green House |
| Third | Orange House |
| Fourth | Yellow House |

Grade VIII (Girls)

| | |
|--------|--------------|
| First | Orange House |
| Second | Yellow House |
| Third | Blue House |
| Fourth | Green House |

KICKBALL COMPETITION:

Grade I – IV (Boys)

| | |
|--------|--------------|
| First | Green House |
| Second | Orange House |
| Third | Yellow House |
| Fourth | Blue House |

Grade I – IV (Girls)

| | |
|--------|--------------|
| First | Blue House |
| Second | Orange House |
| Third | Yellow House |
| Fourth | Green House |

GIRLS HOPPING CATCHING COMPETITION:

Grade I - IV

| | |
|--------|--------------|
| First | Yellow House |
| Second | Orange House |
| Third | Blue House |
| Fourth | Green House |

RBS STUDENT PARTICIPATES IN THE INTERNATIONAL CHILD AND YOUTH CONFERENCE IN BRAZIL.

Nirabh Koirala of grade X was selected by Wildlife Conservation Nepal to participate in the International Child and Youth Conference in Brazil.

Two RBS students, Shrabya Timsina and Nirabh Koirala were asked to submit an essay “How I, as a student, can take care of the Planet”. The top 25 essayists were asked to participate in a conference. Both Shrabya and Nirabh were selected.

The three day residential conference allowed our students to take part in various workshops and sit in at presentations. Of the 25 participants, five would be selected to represent Nepal in the International Child and Youth Conference in Brazil. Nirabh was selected along with four other Nepali students and two mentors from Wildlife Conservation Nepal. They left for a week long environmental celebration in Brazil on 2 June 2010. Among other things, they wrote an International Charter and went on a procession to present it to the president of Brazil. Congratulations, Nirabh!

ORIENTATION FOR A-LEVEL AND WELCOME PARTY

Orientation Week for the new A Level students was from 14-18 June 2010. On Thursday, 17 June, the students were taken to Dhading where they experienced teaching students from classes 1-5. Classes began from Monday, 21 June. On Friday, 25 June the A2 students arranged a welcome party for the new A Level students. The music club and accounting club took charge of organizing all the logistics. Well done students.

A-LEVEL BUSINESS STUDENTS IN CHITWAN

The A Level Business students went on an educational trip to Chitwan and Simara on Friday, 18 June as part of their study of industries. They were accompanied by their teachers Mr. Dipendra Dhakal and Mr. Penjor Tashi; Ms. Nolly Shrestha (mother of Zannat) volunteered to go with the students and Ms. Sarina Chuke (mother of Dibya) joined the group in Chitwan. They visited industries such as Chitwan Milk, Bottler's Tarai, Surya Tobacco and returned on Sunday 20 June. We thank the parents and teachers who made this trip possible.

A LEVEL TALENT SHOW

The dance club along with the music club performed a talent show on Friday, 23 July. Their audience comprised of students across the grades from VII-A2. The students put on an excellent show which was received with great enthusiasm.

RATO BANGALA CELEBRATES 197TH BHANU JAYANTI

As in the past, Rato Bangala organized events to commemorate 197th Bhanu Jayanti. An inter-school poetry recitation and essay writing competition for students was organized on 9, July 2010. We congratulate all students who participated and congratulate the Nepali Department for organizing such a wonderful programme. The results are as follows:

Bhanu Kabita Bachan

- First* – Prekshya Lamsal (Darwin Academy)
Grade VI
Second – Ujjwol Mainali (GEMS) *Grade VI*
Third – Suvvecha Acharya (AVS) *Grade VII*

Bhanu Bidhyapuraskar – Essay Competition

Madhav Bista (Sidhartha Vanasthali Institute)
Grade X

Consolation Prize

- Niraj Karki (Baba Boarding School)
Grade X
Susan Aryal (Pathshala Nepal Foundation)
Grade IX
Prakaat Neupane (Hindu Vidhyapith)
Grade IX

AN AWARD FOR GRADE VIII

Grade VIII is in the process of developing a Herb Garden at the school as part of the **Promoting Herbal Gardens in Schools** competition organized by ICIMOD (Integrated Centre for Mountain Development), NTNC (National Trust for Nature Conservation), Friends of the Zoo and PABSON.

They won the first prize award for **Herbal Poster with Recipe**, which includes a certificate and cash prize of Rs.15,000. The students of grade VIII will decide how to use this money.

Tingi Gurung and Yashaswi Shrestha represent their class. A special congratulation goes to them as well as to Ms. Anamika Shrestha and Ms. Reena Chand who are mentors for this project. This project was initiated to celebrate World Environment Day 2010 with the theme **Many Species, One Planet, One Future**. We feel that the Grade VIII students will have a great learning experience as they work on this project. Parents are welcome to be involved and fol-

low the progress of Grade VIII's Herb Garden at the school.

We would like to thank Ms Danielle Gurung (Tingi's mother) for conducting a class on mapping the herb garden for the students of Grade VIII.

YOUNGEST EVEREST SUMMITTEER VISITS RBS

Jordan Romero the thirteen year old Everest Summiteer spent a morning at RBS sharing his valuable experience and interacting with students from grades V and VIII. Jordan's most important message to the students was the importance of setting goals and striving to meet them. It was inspiring to have a role model who had achieved so much in his young age share his experiences with the students.

RUTHIN SCHOOL SCHOLARSHIP

Aagat Sharma an A Level student here has received a two year scholarship to study A Level at the reputed Ruthin School in the UK. The school program selects ten gifted students from the world over and gifts them with full scholarships to pursue their A Level. Congratulations to Aagat and his parents.

A special congratulations to the teachers. Your hard work is reflected in your student's successful performance.

INTER- SCHOOL LITERARY CONTEST

We congratulate Priyanka Vaidya (X), Tanisha Rayamajhi (IX) and Sarthak Sharma (VIII) for securing second and third and fourth position respectively, in the Inter-School English Literary Contest organized by St. Xavier School on 12 May, 2010.

WELCOME TO NEW STAFF MEMBERS

We welcome new staff members who have joined RBS this term: Ms. Deepa Ghimire is the First Aid Attendant for the school. And Ms. Manju Gopali is the new Dance Teacher, Ms. Sanina Basnet has joined the Director's Office and Mr. Gaurav Lamichhane and Mr. Niranjan Khatri are teaching General Papers at A Level, Mr. Ajendra Laghu is teaching Physics at A Level and Sunil Ranji - Art & Design.

HAVE A WONDERFUL TERM 2

As we begin the second term, we would like all the students to work to make it a stimulating, exciting and successful Term II.