

Welcome to the New Academic Year 2011-12

Happy New Year and a warm welcome to the new academic year. A very special welcome to all the new students and their parents as we begin an exciting journey of partnership with you as members of the Rato Bangala family.

In order to make a good start to the year, the school staff has been at the school since 17 April preparing for the students. They have been planning lessons, and organizing their classrooms as well as undergoing refresher sessions.

Parents, we look forward to a productive school year with you and your child as we continue to maintain high standards for our school and provide your child with the high quality education that he/she deserves. We believe in continuous improvement of the school so that each year the teacher brings new energy to the classroom, and works on fine-tuning the overall practice.

A Level Admissions Open

A Level admission process has begun and the new students will be beginning their A Level course in June.

School year and the calendar

We would like to inform parents that we have built in extra days to the academic calendar so that we have adequate number of school days in a given year. If it looks like the required number of school days will not be met, we will organize make-up days.

International Award Leaders' Training at Rato Bangala School

The first ever training of award leaders for the International Award for Young People (otherwise known as Duke of Edinburgh's Award) in Nepal was successfully completed on April 16 at the Rato Bangala School premises. Regional Programme Manager at the Asia Pacific Regional office of the Duke of Edinburgh's Award, Rob Oliphant, conducted the training to a group of active and enthusiastic teachers and school leaders from schools and NGOs. Ms Shanta Dixit, Ms Milan Dixit, Ms Rajni

Upadhyaya, Ms Rekha Pandey and Ms Astha Thapa are now qualified award leaders ready to implement the programme at RBS.

The International Award for Young People is an international, non-competitive, flexible programme for all young people, whatever their background or ability. It expands personal horizons and explores potential talents and interests. The Award is run in 131 countries around the world and so far nearly 7 million young people have completed the award.

The Award is for young people aged 14-25 and comprises of three levels: Bronze, Silver and Gold. For all levels, the participant must fulfill the requirements in each of the sections: Physical Recreation, Skill Development, Community Service, and Adventurous Journey. Activities in the four sections are intended to provide a balanced programme reflecting different aspects of a young person's development.

Representatives from Bright Horizon's Children's Home, Esther Benjamin Trust, Gems School, Little Angels School, Malpi International School, Rato Bangala School, Rupy's International School, SOS Herman Gmeiner School, Kavre, SOS Herman Gmeiner School, Sano Thimi and Triyog School, participated in the workshop.

RBS students who are 14-18 years can participate in this award. We will be briefing the students as well as the parents about the process the students must undertake in order to qualify for the awards at various levels.

Art Excel at RBS

The Art Excel programme for 8-14 year olds was held at the school as requested by some interested parents. The duration of the course was 18-20 hours and spread over 6 days from 30 March to 4 April. There was an enthusiastic group of 93 participants. The school provided the venue free of cost to the Art of Living Foundation and a special discount was given to the students. We thank RBS parent Nina Amatya for coordinating the pro-

gramme. We believe that students will get long-term benefits from this course.

CMUN 2011 in Mumbai

As in the past year, we have been invited to participate in the Cathedral Model UN to be held in Mumbai in August. A selection will be made from a group of interested students from grades VIII through A Level with a mixture of students across the grades forming a team. If you are interested in having your child attend, please encourage him/her to participate in the selection process.

Orientation for New Parents

During this period Grade 1 parents as well as other new parents are briefed on the Rato Bangala philosophy and get an overall picture of the whole school programme including the Rato Bangala Partnership in Outreach Programme. Please note the dates for the orientation.

Orientation for New parents of Grade I and other grades: 16 May, 2011 (Time: 9:30 am)

Curriculum Night

The Curriculum Night meeting is the first meeting of the academic year between the parents and the teachers of each grade. This is an opportunity for the teachers to present the curriculum of the year and meet the parents of the students in their classes. It is very important for parents to attend the Curriculum Night in order to understand the curriculum for the year, as well as to meet the other parents in their child's grade. Proper communication during the Curriculum Night ensures that you as parents are aware of what your child will be doing, in a nutshell during the academic year, and you will be better able to support their growth. Given are the dates and timings for the Curriculum Nights. Please make a note of the timing for your child's grade.

We are looking forward to 100% parental participation at our Curriculum Night. As always, there will be an attendance register.

Curriculum Night Dates:

*12 May 2011–Grades III, V, VII and VIII
(Time: 5:30 pm)*

13 May 2011–Grade IX (Time: 5:30 pm)

18 May 2011–Grade I (Time: 5:30 pm)

20 May 2011–Grades II, IV, VI and X (Time: 5:30 pm)

Parent Representatives

Since its inception Rato Bangala has been working closely with parents. During the Curriculum Night teachers will ask two parents of each class to volunteer to be Parent Representatives for the year.

Parent Teacher Association (PTA)

There are six parents and six teachers who serve as representatives in the Parent Teacher Association of Rato Bangala School. Two parents represent Grade I-III, IV-VI and VII-X respectively. The current PTA Representatives are as follows:

Parents:

Group I (Grades 1-II)

1. Ms Rupali Golchha
2. Ms Kavita Shah

Group II (Grades IV-VI)

1. Mr Khem Raj Shrestha
2. Ms Kumudini Shrestha

Group III (Grades VII-X)

1. Mr Ramesh Sharma
2. Mr Pushpa P Sharma

Teachers:

1. Mr Bolaram Pandey
2. Ms Deepa Dixit
3. Ms Milan Dixit
4. Ms Rekha Pandey
5. Ms Sarita Rana
6. Ms Shanta Dixit

Lunch

Rato Bangala provides a nutritious lunch to all the students and staff. Eating together fosters bonding as well as good table manners and eating habits. The general menu which is on a three week cycle may be subject to slight changes as per the season and availability of items is as follows:

Monday	Rice, black dal, paneer & mixed vegetable, potato achar, fruit	Rice, black dal, paneer & peas, potato achar, fruit	Vegetable fried rice, rajma/ lukla simi, potato & cucumber achar, fruit
Tuesday	Rice, kwati soup, fried vegetable, mixed salad, custard	Rice, dal, potato/egg curry, mixed salad, custard	Rice, dal, potato/egg curry, mixed salad, custard
Wednesday	Rice, mixed dal, fried green beans, chicken/paneer, fruit	Rice, mixed dal, fried green beans, chicken /paneer, fruit	Rice, dal, chicken/paneer, fried green beans, fruit
Thursday	Rice, fried dal, vegetable (potato & nutri nugget), yogurt	Rice, dal, vegetable (potato, peas & nutri nugget), salad, yogurt	Rice, dal, seasonal green vegetable, tomato achar, yogurt
Friday	Vegetable fried rice, kabuli chana, tomato & nutri nugget achar, fruit	Vegetable fried rice, kabuli chana, tomato & nutri nugget achar, fruit	Macaroni with tomato sauce, boiled vegetable, vegetable soup, fruit

Lunch is served in four shifts:

Grade I – IV	10:45 – 11:30 am
Grade V – VII	11:00 – 11:45 am
Grade VIII – X	11:45 – 12:30 pm
A Levels	12:05 – 12:45 pm

Snack Time

Grade I – IV	1:45 – 2:00 pm
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Cornice

The Rato Bangala School magazine *Cornice* will be off to the press soon. *Cornice* represents the creativity and writing talents of the students. It also reflects the varied class projects and writing across the curriculum. We thank parents and friends who have continued to support *Cornice* with advertisements and made it possible to distribute it free of cost to all the RBS students as well as schools around the country.

Rato Bangala Partnership in Outreach Program (RBPOP)

We would like to thank the parents for making Rato Bangala such a special school by supporting RBPOP, and we would like to thank the Foundation staff for their hard work and cooperation in making the Dailekh School Project into a wonderful project that will provide the model to be replicated in other parts of the country. We invite interested parents to send their names for the two positions vacated by outgoing board members Ms Helen Sherpa and Mr. Kedar Nath Sharma.

After-school Activities

After-school activities will begin on 29 April and take place on Tuesdays and Fridays. Students from Grades I –VIII who are involved in after-school and will leave the school at 4:00 pm on these days. The After School Program is coordinated by Mr Krishna Thapa. After-school activities for this year are as follows:

Activities for Grades I to V

S.N.	Grade	Activities	Teachers Name
1.	IA & IB	Art	Anju Piya
		Music	Sabu Lama
2.	IIA & IIB	Read aloud/Story telling	Deepa Thapa with Milan Dixit Shanta Dixit, Rajni Upadhyaya, Deepa Dixit, Sarita Rana.
		Vocal	Kamal Bhattarai
3.	IIIA & IIIB	Taekwando	Gita Thapa
		Vocal	Shree KC
4.	IV & V	Chess	Ramesh Adhikari
		Taekwando	Ishwor Bajrachary
		Vocal	Yuvraj Chhetri
		Gymnastic	Gangaram M
		Education and Life	Punyasheel G
		Needle Work	Sudha Ojha, Sukhsari Chaudhary and Shramika

		Bhandari
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Grade VI to VIII, Tuesday & Friday Activities

S.N.	Activities	Teachers Name
1.	Art (Project Work)	Bidhata KC and Suraj KC
2.	Basketball	Kiran Maharjan & Krishna Maharjan
3.	Football	Birat Shrestha and Deepak Shahi
4.	Guitar	Sandesh Shrestha
5.	Key Board	Rahul Chettri
6.	Modern Dance	Shivani Chalise
7.	Nature Club	Santa Hitang & Suman Mandal
8.	Volleyball	Salina Shrestha
9.	Table Tennis	Prashant Maharjan
10.	Wood Work	Sangay Sherpa
11.	Chess	Keshav Shrestha
12.	Lawn Tennis	Ram Bahadur Tamang

Goodbyes

Two precious staff members will be retiring from RBS this year. We wish goodbye to Mr Nar Bir Gurung and Asha Maya Awale who are retiring from RBS after valuable years of service. All of us, young and old will miss Gurung dai who has been a pleasure to have in the school. We also wish all the best to Asha Maya Awale who contributed her dedicated

work to RBS by helping in the kitchen. Asha Maya Didi will be missed and remembered dearly by us all. Thank you Gurung Dai and Asha Maya Didi.

We wish goodbye to the teachers who have left us this year for personal reasons: Ms Richa Singh, Gitanjali Pradhan, Sabitri Maharjan and Sangeeta Sharma who have contributed tremendously for the growth and development of the school. Thank you for being a part of Rato Bangala School.

We also thank the A level interns who worked with us this year: Akriti Sharma, Pramesh Regmi, Jeevan Gyawali, Sarbaraj Bartaula and Shristi Ghimire. Pramesh will be continuing being an assistant in Math Department until he goes to college later on in the year.

A special thank you to Justus Snyder who volunteered at the school from February to March and continued till 26 April at the hostel.

Welcome to New Staff Members

We welcome new teachers Anita K Shah and Kalpana Rana.. We are happy to welcome back Kiran Khadka and Margaret Singh who are returning back to Rato Bangala School after being away for a few years.

Staff 2011-2012

Class teachers

Grade IA: Sangeeta KC Mamta Sharma	Grade I B: Kiran Rana Sharbani Sharma	Grade IIA Shilpa Rimal Rose Upadhyaya	Grade II B: Milan Sharma Kiran Khadka
Grade IIIA: Nuchhe Maharjan Anita Rauniyar	Grade III B: Sadhana Risal Kalpana Rana	Grade IV A: Kalina Rai Pradhan Anita Shah	Grade IV B: Prakriti Bhattarai Nirina Khadgi
Grade V A: Nripa Malla Suman Mandal	Grade V B: Nilima Pradhan Sabita Manandhar	Grade V C: Kanta Rai Anshu Amatya Hyoju	Grade VI A: Shama Budhathoki
Grade VI B: Margaret Singh	Grade VI C: Mamta Rai	Grade VII A: Pema Lama	Grade VII B: Munni Pandey
Grade VIII A: Archana Rai	Grade VIII B: Bilquees Banu	Grade IXA & XA: Nilima Rauniyar	Grade IXB & X B: Shova Giri

Subject Teachers: Grades I-X

<p>Nepali Bhawani Panthi: (Gr. I & III)</p> <p>Amita Koirala (Gr. VI)</p> <p>Shramika Bhandari (Gr. II & IV)</p> <p>Bandana Aryal (Gr. V)</p> <p>Gyannistha Gyawali (Gr. VIII B and X B)</p> <p>Sudha Ojha (Gr. VII & VIII A)</p> <p>Tikaram Sharma (IXA and B and X A)</p> <p>Chhandaka Kabita Kamal Mani Dixit</p>	<p>Math Sunita Adhikari (Gr. VI A)</p> <p>Anamika Shrestha (Gr. VIB, VIC)</p> <p>Sura Karki (Gr. VII)</p> <p>Amrit Thapa (Gr. VIII)</p> <p>Science Sunita Adhikari (Gr. VI A,B,C)</p> <p>Sura Karki (Gr. VIIA)</p> <p>Pema Lama (Gr. VII B)</p> <p>Anamika Shrestha (Gr. VIIIA)</p> <p>Reena Chand Kumar Sedai (Gr. IX & X)</p> <p><i>Lab Assistants:</i> Ganesh Duwadi</p> <p>Mathematics Amrit Thapa Bhagawan Jha Deepak Koirala</p> <p><i>Math Assistant</i> Pramesh Regmi</p>	<p>Art Punyasheel Gautam Santa Hitang Sabu Tamang Lama (Grades I-VIII)</p> <p>Gymnastics Krishna Thapa (Gr. II and III)</p> <p>Gangaram Maharjan (Gr. I & IV)</p> <p>PE Krishna Thapa Kiran Maharjan Krishna Maharjan</p> <p>Tennis Coach Ram B. Tamang</p> <p>Dance Rakesh Thapa Manju Gopali</p> <p>Social Studies: Kaushalya Devi Khadka</p> <p>Health Population and Environment Bilquees Banu</p>	<p>Computers Deepa Thapa: (Gr. I-IV)</p> <p>Prayaschit Bhandari (Gr. V – VIII)</p> <p>Nabin Malla (Gr. VI, VII, & IX)</p> <p>Bolaram Pandey (Gr. VIII, and X)</p> <p>IT Technician Radheshyam Khatiwada</p> <p>Music Sabu Tamang Lama Yuvraj Chettri With designated class teachers.</p> <p>Substitute Teacher Geetanjali Pandey</p>
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Grades A1-A2

<p>English Language & Literature Perry Keil Thapa</p>	<p>Mathematics Amrit Thapa Krishna Kushwaha Akhil P. Koirala Rajendra Sharma</p>	<p>Sociology Manesh Shrestha</p>	<p>Economics Jit Prasad Acharya Kumar Bhattarai</p>
<p>Science Department Ajayendra Laghu Basanta Yadav Rekha Sah Dr. Uday Khanal Nabaraj Acharya Rajendra Khatri Reena Chand</p> <p><i>Lab Assistants:</i> Nabin Thapa Ganesh Duwadi</p>	<p>Environmental Management Dr. Kishor Rajbhandari</p>	<p>Accountancy & Business Studies Penjor Tashi Dipendra Dhakal</p>	<p>General Paper Perry K Thapa Gaurav Lamichhane Niranjan Khatri</p>
<p>Psychology Hima Pradhan</p>	<p>Art & Design Sunil Ranjit</p>		

Administration

Coordinators

Unit 1 (Grades I-V) Deepa Dixit, Sarita Rana	Unit 2 (Grades VI-X) Rekha Pandey Deepa Dixit: on administration	A Level Rajni Upadhyaya
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Department Coordinators

Science Basanta Yadav Kumar Sedai (Junior Science Lab In-charge)	After school Activities Krishna Thapa	Arts and Co-Curricular Activities Punyasheel Gautam
Mathematics (Grade I-X) Sura Karki and Amrit Thapa	Math Room In-charge Anamika Shrestha and Sura Karki	

Librarians

Nirupa Rai	Bandana Pandey	Kanchan Rimal	Deepa Thapa
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Guidance Counselor Heema Pradhan	College Counselors Milan Dixit and Rajni Upadhyaya	School Office Administrators Prakriti Karmacharya Anju Piya
Director's Office and RBF officers Astha Thapa Sanina Basnet	Principal's Office Mamata Manandhar	Coordinators' Office Rama Singh Suwal
	A Level Office Rojala Shrestha	First Aid Deepa Ghimire

Management and Accounts

School Manager: Uttam Thapa Assisted by: Shreeram Sharma	Accounts: Shambhu Dangol Santosh Dhakal	Overall Maintenance: Khira Prasad Neupane
Hostel In charge/ Store Supervisor: Suksari Chaudhary Publishing Department: Chandra Dangol	Kitchen Supervisor: Kalpana Bhattarai	Office Assistants: Balkrishna Tamang Debi Lal Sapkota Ram P. Dhakal Ramesh Kumal

Custodial Staff

Bhawani Pokhrel Bhim B. Tamang Binod B. Dhakal Bisheswor Chaudhari Devi B. Basnet Dolraj Rimal Tara B. Basnyat Hari Bahadur Khatri Hom Nath Ghimire Kalpana Rana Magar	Kapil Dhakal Keshab Kumal Khopraj Pokhrel Krishna Magar Kuber Thapa Kumar Bhujel Lal C. Adhikari Ratna B. Khadka Laxmi Bhandari Madhu Chaudhary	Man Bahadur Thapa Magar Manish Bhattarai Nabaraj Aryal Omnath Dhakal Prem Tamang Krishna B. Tamang Ramesh Chaudhary Resham B. Basnet Rishi Kumal Robin Bhujel	Sahadev Chaudhari Sarita Pyakurel Sita Magar Sita Ram Aryal Som Raj Sanjel Surya P. Ghimire Yamraj Khadka
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Drivers

Hari Prasad Dulal	Laxman Humagain	Kul Bahadur Purbachhane
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Outreach Programme

RBPOP Min Shahi Dailekh School Project In Dailekh Amar Bahadur Thapa Bal Bahadur Shahi Basu Dev Upadhya Bhakta Bahadur Thapa Bhupendra Pariyar Hikmat Kumar BC Lokednra K. Thapa Mahendra K. Shahi Mohan Paudel Nanda Ram Khatri Rita Kumari Shahi Tej Bahadur Khadka Pramod Bista Krishna Thapa Rajendra Kandel Sher Bahadur Thapa (Dailekh Office Assistant)	Rato Bangala Foundation Teacher Training and Rato Bangala Kitab Archana Poudel Bipul Gautam Babita Chapagain Saraswati Rajbhandari Safala Rajbhandari Kedar Dyola Midesh Maharjan Karna Shahi Chhewang Lama Mishree Awale Budhani Chaudhari Bhaikaji Rajbahak Bharat Ghimire Ram Kumar Shrestha
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Principal: Milan Dixit**Director:** Shanta Dixit

Have Wonderful Academic Year.